WOMEN’S HEALTH CARE UPDATE

Thursday & Friday
March 26-27, 2020

University of Washington Campus
Husky Union Building (HUB), North Ballroom
Seattle, WA

Sponsored by UW School of Medicine
Department of Obstetrics & Gynecology
Office of Continuing Medical Education
TARGET AUDIENCE

Women’s Health Care Update is intended to address the target audiences of physicians, residents, fellows, hospitalists, and community based physicians and providers, all who practice in the area of primary health care for women.

COURSE DESCRIPTION

This conference is an annual update for women’s health care providers on current topics relevant to women’s health. The topics are selected from suggestions from previous course attendees, areas with substantial change, and controversial subjects where medical opinions may differ. The purpose is to provide a clinical update for providers who care for women in an outpatient setting. The format is a series of short lectures followed by question and answer sessions.

In the rapidly evolving field of medicine, it is important that physicians and providers continue life-long learning to provide the best care possible for their patients. Women’s Health Care Update provides an opportunity to disseminate information on various topics including technology, disease states, new treatment guidelines, risk management, quality and process improvement. The American Board of Medical Specialties has developed six core competencies and a four-part process for continuous learning. The Women’s Health Care Update is one method to provide educational programs to help physicians maintain competency.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to provide the following for women:

- Understand limitations of current research about medical effects of marijuana.
- Manage recurrent urinary tract infection, and urinary incontinence.
- Manage early pregnancy loss, pregnancy of unknown location and acute abnormal uterine bleeding.
- Understand unique care needed for refugees and victims of trauma.
- Provide care for women with sexual dysfunction or pelvic pain.
- Be familiar with updates in endometrial and cervical cancer care.

ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 15.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

FEES AND REGISTRATION

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<tr>
<th>COURSE FEES</th>
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<tr>
<td>MD/DO/PhD</td>
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<td>Allied Health</td>
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<td>*Resident/Fellow</td>
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Walk-in registrations incur a $25 admin. fee
*Resident/Fellow rate requires written confirmation of current status

UW CME is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. The course fees are estimated to include transcript of AMA PRA Category 1 Credits™, access to online instruction materials, catering, taxes, faculty planning, salaries, venue and logistics.

To enroll, please complete the enclosed registration form and include payment or register online at uwcme.org. Allow up to fifteen working days to receive your email confirmation of enrollment. If you have not received confirmation prior to your departure for the course, please contact the CME office at 206.543.1050. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed if space is not available at the course.
ONLINE CONFERENCE MATERIALS

Syllabus material for conference registrants will be available online at uwcme.org by March 23, 2020. Registrants may print and/or download the materials. A handout with the agenda and pages for note-taking will be provided at the conference (printed handouts of presentations will not be provided).

ATTENDANCE POLICY

Course activities are exclusively reserved for course attendees. Badges provided at registration are required for entrance into all functions and will be strictly enforced. In consideration of other participants and speakers, please do not bring infants/children into conference sessions.

CANCELLATION POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by March 12, 2020. A $75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following March 12, 2020. The Office of Continuing Medical Education reserves the right to cancel this course twenty days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by telephone followed by written notification and a full refund. The University of Washington is not responsible for any other costs incurred such as non-refundable airline tickets or hotel penalties. Contact the CME Office with questions: call 206.543.1050 or email cme@uw.edu.

SPECIAL SERVICES

Please inform the CME Office ten days in advance of the conference start date if you will need to utilize lactation services.

UW CME takes into consideration diverse nutritional preferences and restrictions when planning our complimentary menu. However, those individuals who might find that our menu is not completely aligned to their specific nutritional needs are welcome to bring their own food items.

The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability, or status as a disabled veteran or Vietnam era veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation please contact the Disability Services Office at least ten days in advance.

Disability Services Office
206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • e-mail: dso@uw.edu

ACCOMMODATIONS

The following hotels are located near the conference site. To make reservations, please call the hotels directly.

Graduate Hotel
4507 Brooklyn Avenue NE
Seattle, WA 98105
206.634.2000
Rates depend on availability
Corporate/Promo code “UOWA”

Silver Cloud Inn
5036 25th Avenue NE
Seattle, WA 98105
206.526.5200 or 800.205.6940
Rates depend on availability
Ask for “UW CME Conference” rate

Residence Inn by Marriott
4501 12th Ave NE
Seattle, WA 98105
206.322.8887 or 888.236.2427
Rates depend on availability
Online reservations only - under “Special Rates” select “Corporate/Promo” and enter code UWD
Course Faculty

COURSE CO-CHAIRS

David Eschenbach, MD  
Professor  
Department of Obstetrics & Gynecology

Carolyn Gardella, MD, MPH  
Professor  
Department of Obstetrics & Gynecology

GUEST SPEAKERS

Kevin Ault, MD, FACOG  
Professor  
Center for Pelvic Pain and Sexual Health  
University of Kansas Medical Center  
Kansas City, KS

Dina Gordon, MD  
Obstetrician/Gynecologist  
Swedish Medical Group  
Seattle, WA

FACULTY

Catherine Albright, MD, MS  
Assistant Professor  
Department of Obstetrics & Gynecology

Anne-Marie Amies, MD  
Professor  
Department of Obstetrics & Gynecology

Robin Bennett, MS, CGC, ScD Hon  
Clinical Professor  
Department of Medicine

Lyndsey Benson, MD, MS  
Acting Assistant Professor  
Department of Obstetrics & Gynecology

Chloe Bryson-Cahn, MD  
Assistant Professor  
Division of Allergy & Infectious Diseases

Alson Burke, MD  
Assistant Professor  
Department of Obstetrics & Gynecology

Stefanie Deeds, MD  
Acting Instructor  
Division of General Internal Medicine  
VA Puget Sound Health Care System

Kemi Doll, MD, MCSR  
Assistant Professor  
Department of Obstetrics & Gynecology

Esther Fuchs, MD  
Associate Professor  
Department of Obstetrics & Gynecology

Sarah Golub, MD, MPH  
Assistant Professor  
Department of Pediatrics  
Seattle Children's

Mahri Haider, MD, MPH  
Clinical Assistant Professor  
Division of General Internal Medicine

Jocelyn James, MD  
Assistant Professor  
Division of General Internal Medicine

Justin Junn, MD, MBA  
Clinical Assistant Professor  
Department of Obstetrics & Gynecology

Jason Kilmer, PhD  
Associate Professor  
Department of Psychiatry & Behavioral Sciences

Anna Kirby, MD  
Assistant Professor  
Department of Obstetrics & Gynecology

Gretchen Lentz, MD  
Professor  
Division Director  
Department of Obstetrics & Gynecology

Joelle Lucas, MD  
Clinical Assistant Professor  
Department of Obstetrics & Gynecology

Vicki Mendiratta, MD  
Associate Professor  
Department of Obstetrics & Gynecology

Heath Miller, MD  
Clinical Associate Professor  
Department of Obstetrics & Gynecology

Melissa Paulen, MD, MPH  
Fellow  
Department of Obstetrics & Gynecology
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>7:30</td>
<td>Registration and Continental Breakfast</td>
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<tr>
<td>8:00</td>
<td>What the Science Says (Or Hasn't Yet Said) About Cannabis/Marijuana:</td>
<td>Jason Kilmer, PhD</td>
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<td>Implications for Health Care Settings and Patient Visits</td>
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<tr>
<td>8:30</td>
<td>Care for Refugees</td>
<td>Mahri Haider, MD, MPH</td>
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<td>9:00</td>
<td>Endometrial Cancer Update</td>
<td>Kemi Doll, MD, MCSR</td>
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<td>9:30</td>
<td>Question and Answer Session</td>
<td>Faculty</td>
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<td>10:00 Break</td>
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<td>10:15</td>
<td>Premenstrual Dysphoric Disorder</td>
<td>Vicki Mendiratta, MD</td>
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<td>10:45</td>
<td>Reproductive Impact of Congenital Heart Disease</td>
<td>Catherine Albright, MD, MS</td>
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<td>11:15</td>
<td>Billing Pearls</td>
<td>Justin Junn, MD, MBA</td>
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<tr>
<td>11:45</td>
<td>Question and Answer Session</td>
<td>Faculty</td>
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<tr>
<td>12:15</td>
<td>Lunch (provided)</td>
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<tr>
<td>1:00</td>
<td>Outpatient Treatment of UTI</td>
<td>Chloe Bryson-Cahn, MD</td>
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<td>1:30</td>
<td>Female Sexual Dysfunction Case Studies</td>
<td>Gretchen Lentz, MD</td>
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<td>2:00</td>
<td>Diagnosis and Management of Urinary Incontinence</td>
<td>Anna Kirby, MD</td>
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<td>Question and Answer Session</td>
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<td>3:00</td>
<td>Break</td>
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<tr>
<td>3:15</td>
<td>Choosing A Contraceptive Pill and Managing Symptoms</td>
<td>Melissa Paulen, MD, MPH</td>
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<td>3:45</td>
<td>Counseling Adolescents and Young Adults About Relationship and Sexual Health</td>
<td>Anne-Marie Amies, MD</td>
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<td>4:15</td>
<td>Management of Early Pregnancy Loss</td>
<td>Lyndsey Benson, MD, MS</td>
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<td>4:45</td>
<td>Question and Answer Session</td>
<td>Faculty</td>
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<td>5:15</td>
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7:30  Sign-In and Continental Breakfast

8:00  HPV Testing/Self-Testing/Vaccine
      Kevin Ault, MD, FACOG

8:30  Opioid Use Disorder
      Jocelyn James, MD

9:00  Genetic Counseling: A View From The Trenches
      Robin Bennett, MS, CGC, ScD Hon

9:30  Question and Answer Session
      Faculty

10:00 Break

10:15 Adolescent Health: Management of Eating Disorders
       Sarah Golub, MD, MPH

10:45 Management of Pelvic Pain
       Heath Miller, MD

11:15 Trauma Informed Care: Understanding and Approach
       Stefanie Deeds, MD

11:45 Question and Answer Session
       Faculty

12:15 Lunch (provided)

1:00  Vaginitis 411
       Carolyn Gardella, MD, MPH

1:30  Friend or Foe? Pregnancy of Unknown Location
       Joelle Lucas, MD

2:00  Management of Acute Abnormal Uterine Bleeding
       Esther Fuchs, MD

2:30  Question and Answer Session
       Faculty

3:00 Break

3:15  Legislative Updates
       Alson Burke, MD

3:45  The Fourth Trimester
       Dina Gordon, MD

4:15  Question and Answer Session
       Faculty

4:45  Adjourn
**REGISTRATION**

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<tr>
<td>Professional Title</td>
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**PAYMENT**

*Residency Program, if applicable ________________________________

- □ Check (payable to University of Washington)
- □ Credit Card (please note a payment link will be sent)
- □ UW Budget
  - Budget Name
  - Budget #
  - Box #
  - Proj
  - Opt
  - Task

Register online at [uwcme.org](http://uwcme.org)

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**COURSE FEES**

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<td>MD/DO/PhD</td>
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**RETURN COMPLETED REGISTRATIONS**

MAIL:
UW CME
Box 359558
Seattle, WA 98195-9558

FAX:
206.221.4525

CALL:
206.543.1050