

HELP ENSURE THE FUTURE OF REPRODUCTIVE HEALTH

Reproductive healthcare is one of the most crucial, lifesaving and cost-effective healthcare interventions. The Complex Family Planning Division of UW Medicine's Department of Obstetrics and Gynecology is committed to delivering comprehensive reproductive care to everyone who needs it.

We treat people seeking different methods of contraception and provide miscarriage care. Our clinics offer specialized reproductive healthcare for patients with medically complex conditions. Our providers are trained to work with all patients, including those who are trans and non-binary. And we provide safe, accessible abortions for patients from across our region.

Right now, these services are in jeopardy.

The Supreme Court's overturning of *Roe v. Wade* has consequences far beyond patients' ability to access safe abortions. It has created new complications in miscarriage care and widened the access gap for essential family planning services, particularly for people from underserved communities who already face disproportionate barriers to receiving care. In short, it's made our work much harder.

We're not going to stop providing essential reproductive healthcare for patients in the Washington, Wyoming, Alaska, Montana and Idaho (WWAMI) region. With your courageous support, we can move into a post-*Roe* era with a renewed commitment to making sure everyone has access to these essential, lifesaving services.

TRAINING CURRENT PROVIDERS AND FUTURE LEADERS

We're at a crisis point for reproductive healthcare, and our division is uniquely positioned to help. We provide care across the WWAMI region, serving a variety of communities with very different reproductive rights laws. For example, abortion is completely banned in Idaho and highly restricted in Wyoming, forcing patients to cross state borders to seek care.

These laws don't just restrict necessary abortion care — they also make miscarriages more dangerous. Providers in these states receive limited training in miscarriage management and may fear legal consequences even when offering standard clinical care.

The current crisis requires both short- and long-term thinking. In the short term, our division offers travel funds for pregnant people to travel to our Seattle clinics for abortions or medical issues that may complicate pregnancy. Our Training, Education and Advocacy on Miscarriage Management (TEAMM) program educates healthcare teams across the region in miscarriage management and current law, empowering them to make the best decisions for their patients in cases of early pregnancy loss — even when restrictions threaten adequate care.

To prepare for the long-term future, our Complex Family Planning Fellowship trains doctors specializing in contraception, abortion and miscarriage management. The next generation of leaders in reproductive healthcare is here, and they're learning at UW Medicine.

OUR RESEARCH POWERS ACCESS AND ADVOCACY

Access to family planning and reproductive healthcare has always been uneven, and legal challenges to reproductive rights have made it worse. In states such as Wyoming and Idaho, insurance may not cover essential reproductive health services, including abortion.

The Complex Family Planning Division's research faculty are working to solve problems of access. We're studying how abortion restrictions affect the volume of procedures in neighboring states and evaluating the implementation of telehealth abortion services. Our public health researchers are evaluating SMS texting as a modality to improve contraceptive education and uptake.

Our researchers are conducting studies on Black perspectives on contraceptive decision-making in the aftermath of Roe v. Wade's reversal — a particularly vital topic, as Black maternal mortality rates are more than twice as high as rates for white mothers. And we're evaluating miscarriage care for patients presenting to emergency departments while looking for ways to improve that care.

Our research is key to broadening and enhancing contraceptive choices, ensuring clinics and hospitals are prepared to deliver outstanding care and accumulating the data needed to vigorously advocate for reproductive rights. But we can't continue our research, or our advocacy, without your help.

YOU CAN HELP EVERYONE ACCESS ESSENTIAL REPRODUCTIVE HEALTHCARE

Your contribution will bolster our work in several critical areas:

- **Supporting the research** that strengthens our advocacy for reproductive rights for all.
- **Contributing to the travel funds** that enable patients to come to UW Medicine for reproductive care.
- **Funding the TEAMM program** to ensure that patients across the WWAMI region have access to high-quality, patient-centered care when faced with pregnancy loss.
- **Investing in tomorrow's reproductive healthcare leaders** through Complex Family Planning Fellowships.

To learn more or talk about the impact of your gift, contact Christine Howeler, director for health system philanthropy, at 206.543.7332 or howeler@uw.edu. Together, we can ensure access to vital reproductive healthcare across the WWAMI region.