

UW Medicine

UW SCHOOL  
OF MEDICINE

# WOMEN'S HEALTH CARE UPDATE



Thursday & Friday  
March 26-27, 2020

University of Washington Campus  
Husky Union Building (HUB), North Ballroom  
Seattle, WA

**Sponsored by UW School of Medicine  
Department of Obstetrics & Gynecology  
Office of Continuing Medical Education**

## TARGET AUDIENCE

Women’s Health Care Update is intended to address the target audiences of physicians, residents, fellows, hospitalists, and community based physicians and providers, all who practice in the area of primary health care for women.

## COURSE DESCRIPTION

This conference is an annual update for women’s health care providers on current topics relevant to women’s health. The topics are selected from suggestions from previous course attendees, areas with substantial change, and controversial subjects where medical opinions may differ. The purpose is to provide a clinical update for providers who care for women in an outpatient setting. The format is a series of short lectures followed by question and answer sessions.

In the rapidly evolving field of medicine, it is important that physicians and providers continue life-long learning to provide the best care possible for their patients. Women’s Health Care Update provides an opportunity to disseminate information on various topics including technology, disease states, new treatment guidelines, risk management, quality and process improvement. The American Board of Medical Specialties has developed six core competencies and a four-part process for continuous learning. The Women’s Health Care Update is one method to provide educational programs to help physicians maintain competency.

## COURSE OBJECTIVES

- Upon completion of this activity, attendees should be able to provide the following for women:
- Understand limitations of current research about medical effects of marijuana.
  - Manage recurrent urinary tract infection, and urinary incontinence.
  - Manage early pregnancy loss, pregnancy of unknown location and acute abnormal uterine bleeding.
  - Understand unique care needed for refugees and victims of trauma.
  - Provide care for women with sexual dysfunction or pelvic pain.
  - Be familiar with updates in endometrial and cervical cancer care.

## ACCREDITATION

### Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

### Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 15.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



## FEES AND REGISTRATION

COURSE FEES	
MD/DO/PhD	\$425
Allied Health	\$375
*Resident/Fellow	\$150
Walk-in registrations incur a \$25 admin. fee *Resident/Fellow rate requires written confirmation of current status	

UW CME is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. The course fees are estimated to include transcript of AMA PRA Category 1 Credits™, access to online instruction materials, catering, taxes, faculty planning, salaries, venue and logistics.

To enroll, please complete the enclosed registration form and include payment or register online at [uwcmc.org](http://uwcmc.org). Allow up to fifteen working days to receive your email confirmation of enrollment. If you have not received confirmation prior to your departure for the course, please contact the CME office at 206.543.1050. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed if space is not available at the course.

## ONLINE CONFERENCE MATERIALS

Syllabus material for conference registrants will be available online at [uwcme.org](http://uwcme.org) by **March 23, 2020**. Registrants may print and/or download the materials. A handout with the agenda and pages for note-taking will be provided at the conference (printed handouts of presentations will not be provided).

## ATTENDANCE POLICY

Course activities are exclusively reserved for course attendees. Badges provided at registration are required for entrance into all functions and will be strictly enforced. In consideration of other participants and speakers, please do not bring infants/children into conference sessions.

## CANCELLATION POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by **March 12, 2020**. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following **March 12, 2020**. The Office of Continuing Medical Education reserves the right to cancel this course twenty days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by telephone followed by written notification and a full refund. The University of Washington is not responsible for any other costs incurred such as non-refundable airline tickets or hotel penalties. Contact the CME Office with questions: **call 206.543.1050 or email [cme@uw.edu](mailto:cme@uw.edu)**.

## SPECIAL SERVICES

Please inform the CME Office ten days in advance of the conference start date if you will need to utilize lactation services.

UW CME takes into consideration diverse nutritional preferences and restrictions when planning our complimentary menu. However, those individuals who might find that our menu is not completely aligned to their specific nutritional needs are welcome to bring their own food items.

The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability, or status as a disabled veteran or Vietnam era veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation please contact the Disability Services Office at least ten days in advance.

### Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • e-mail: [dso@uw.edu](mailto:dso@uw.edu)

## ACCOMMODATIONS

The following hotels are located near the conference site. To make reservations, please call the hotels directly.

### Graduate Hotel

4507 Brooklyn Avenue NE  
Seattle, WA 98105  
206.634.2000

Rates depend on availability

Corporate/Promo code "[UOWA](#)"

### Silver Cloud Inn

5036 25th Avenue NE  
Seattle, WA 98105  
206.526.5200 or 800.205.6940

Rates depend on availability

Ask for "[UW CME Conference](#)" rate

### Residence Inn by Marriott

4501 12th Ave NE  
Seattle, WA 98105  
206.322.8887 or 888.236.2427

Rates depend on availability

Online reservations [only](#) -  
under "Special Rates" select  
"Corporate/Promo" and enter  
code **UWD**

# Course Faculty

## COURSE CO-CHAIRS

**David Eschenbach, MD**  
Professor  
Department of Obstetrics & Gynecology

**Carolyn Gardella, MD, MPH**  
Professor  
Department of Obstetrics & Gynecology

## GUEST SPEAKERS

**Kevin Ault, MD, FACOG**  
Professor  
Center for Pelvic Pain and Sexual Health  
University of Kansas Medical Center  
Kansas City, KS

**Dina Gordon, MD**  
Obstetrician/Gynecologist  
Swedish Medical Group  
Seattle, WA

## FACULTY

**Catherine Albright, MD, MS**  
Assistant Professor  
Department of Obstetrics & Gynecology

**Anne-Marie Amies, MD**  
Professor  
Department of Obstetrics & Gynecology

**Robin Bennett, MS, CGC, ScD Hon**  
Clinical Professor  
Department of Medicine

**Lyndsey Benson, MD, MS**  
Acting Assistant Professor  
Department of Obstetrics & Gynecology

**Chloe Bryson-Cahn, MD**  
Assistant Professor  
Division of Allergy & Infectious Diseases

**Alson Burke, MD**  
Assistant Professor  
Department of Obstetrics & Gynecology

**Stefanie Deeds, MD**  
Acting Instructor  
Division of General Internal Medicine  
VA Puget Sound Health Care System

**Kemi Doll, MD, MCSR**  
Assistant Professor  
Department of Obstetrics & Gynecology

**Esther Fuchs, MD**  
Associate Professor  
Department of Obstetrics & Gynecology

**Sarah Golub, MD, MPH**  
Assistant Professor  
Department of Pediatrics  
Seattle Children's

**Mahri Haider, MD, MPH**  
Clinical Assistant Professor  
Division of General Internal Medicine

**Jocelyn James, MD**  
Assistant Professor  
Division of General Internal Medicine

**Justin Junn, MD, MBA**  
Clinical Assistant Professor  
Department of Obstetrics & Gynecology

**Jason Kilmer, PhD**  
Associate Professor  
Department of Psychiatry & Behavioral Sciences

**Anna Kirby, MD**  
Assistant Professor  
Department of Obstetrics & Gynecology

**Gretchen Lentz, MD**  
Professor  
Division Director  
Department of Obstetrics & Gynecology

**Joelle Lucas, MD**  
Clinical Assistant Professor  
Department of Obstetrics & Gynecology

**Vicki Mendiratta, MD**  
Associate Professor  
Department of Obstetrics & Gynecology

**Heath Miller, MD**  
Clinical Associate Professor  
Department of Obstetrics & Gynecology

**Melissa Paulen, MD, MPH**  
Fellow  
Department of Obstetrics & Gynecology

## Thursday, March 26, 2020

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### 7:30 Registration and Continental Breakfast

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8:00 What the Science Says (Or Hasn't Yet Said) About Cannabis/Marijuana:  
Implications for Health Care Settings and Patient Visits  
*Jason Kilmer, PhD*

8:30 Care for Refugees  
*Mahri Haider, MD, MPH*

9:00 Endometrial Cancer Update  
*Kemi Doll, MD, MCSR*

9:30 Question and Answer Session  
*Faculty*

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### 10:00 Break

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10:15 Premenstrual Dysphoric Disorder  
*Vicki Mendiratta, MD*

10:45 Reproductive Impact of Congenital Heart Disease  
*Catherine Albright, MD, MS*

11:15 Billing Pearls  
*Justin Junn, MD, MBA*

11:45 Question and Answer Session  
*Faculty*

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### 12:15 Lunch (provided)

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1:00 Outpatient Treatment of UTI  
*Chloe Bryson-Cahn, MD*

1:30 Female Sexual Dysfunction Case Studies  
*Gretchen Lentz, MD*

2:00 Diagnosis and Management of Urinary Incontinence  
*Anna Kirby, MD*

2:30 Question and Answer Session  
*Faculty*

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### 3:00 Break

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3:15 Choosing A Contraceptive Pill and Managing Symptoms  
*Melissa Paulen, MD, MPH*

3:45 Counseling Adolescents and Young Adults About Relationship and Sexual Health  
*Anne-Marie Amies, MD*

4:15 Management of Early Pregnancy Loss  
*Lyndsey Benson, MD, MS*

4:45 Question and Answer Session  
*Faculty*

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### 5:15 Adjourn

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## Friday, March 27, 2020

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### 7:30 Sign-In and Continental Breakfast

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- 8:00 HPV Testing/Self-Testing/Vaccine  
*Kevin Ault, MD, FACOG*
- 8:30 Opioid Use Disorder  
*Jocelyn James, MD*
- 9:00 Genetic Counseling: A View From The Trenches  
*Robin Bennett, MS, CGC, ScD Hon*
- 9:30 Question and Answer Session  
*Faculty*
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### 10:00 Break

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- 10:15 Adolescent Health: Management of Eating Disorders  
*Sarah Golub, MD, MPH*
- 10:45 Management of Pelvic Pain  
*Heath Miller, MD*
- 11:15 Trauma Informed Care: Understanding and Approach  
*Stefanie Deeds, MD*
- 11:45 Question and Answer Session  
*Faculty*
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### 12:15 Lunch (provided)

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- 1:00 Vaginitis 411  
*Carolyn Gardella, MD, MPH*
- 1:30 Friend or Foe? Pregnancy of Unknown Location  
*Joelle Lucas, MD*
- 2:00 Management of Acute Abnormal Uterine Bleeding  
*Esther Fuchs, MD*
- 2:30 Question and Answer Session  
*Faculty*
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### 3:00 Break

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- 3:15 Legislative Updates  
*Alson Burke, MD*
- 3:45 The Fourth Trimester  
*Dina Gordon, MD*
- 4:15 Question and Answer Session  
*Faculty*
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### 4:45 Adjourn

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Allied Health	\$375
*Resident/Fellow	\$150
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REGISTRATION

First	MI	Last
Professional Title <input type="checkbox"/> MD <input type="checkbox"/> DO <input type="checkbox"/> PhD <input type="checkbox"/> RN <input type="checkbox"/> ARNP <input type="checkbox"/> PA <input type="checkbox"/> Other:		
Street		
City	State	Zip
Phone (   )   -   Email		

PAYMENT

\*Residency Program, if applicable \_\_\_\_\_

<input type="checkbox"/> Check (payable to University of Washington)
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<input type="checkbox"/> Credit Card (please note a payment link will be sent)
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<input type="checkbox"/> UW Budget	Budget Name	Budget #
Box #	Proj	Opt   Task

RETURN COMPLETED  
REGISTRATIONS

MAIL:  
UW CME  
Box 359558  
Seattle, WA 98195-9558

FAX:  
206.221.4525

CALL:  
206.543.1050

Register online at [uwcme.org](http://uwcme.org)

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